

**ST FRANCIS CHURCH
HEARTSEASE**



ALL ARE WELCOME HERE

**Palm Sunday
SERVICE OF HOLY COMMUNION
with the blessing of the palms**

10th April – 10.30am



**'Blessed is the king who comes
in the name of the Lord'**

NEW WAYS OF WORSHIPPING TOGETHER SAFELY

Now that restrictions have lifted and folk are becoming more relaxed in terms of gathering together - we would ask that you show consideration for those who are continuing to wear face coverings and to practice social distancing to enable them to feel safe.

We will continue to remain seated throughout the service.

Today, as has been our recent practice, we will not be sharing the common chalice and Holy Communion will be shared in one kind only by the receiving of the Bread of Heaven at the chancel step.

Please wait in your seat until the welcomer indicates it is your turn to go forward. Once you have received the bread in your hand, please return to your seat to consume.



If you require a gluten free wafer please ask your welcomer who will advise the clergy

SERVICES THROUGH HOLY WEEK – ALL ARE WELCOME!

Mon:	Morning Prayer 9am	Thurs:	Morning Prayer 9am
	Chrim Mass 11am		Evening Prayer 5pm
	Norwich Cathedral		Maundy Thursday Eucharist 7.30pm
Tues:	Morning Prayer 9am	Friday:	Shared service at 10am
	Evening Prayer 5pm		Heartsease Lane Methodist Church
Weds:	Morning Prayer 9am		'Were you There?' 12pm
	BCP Eucharist 11.30am	Sun:	Easter Sunday 10.30am
	Evening Prayer 5pm		Family Service

A PRAYER FOR UKRAINE

God of Peace and Justice,
we pray for the people of Ukraine.

We pray for peace and the laying down of weapons. We pray for all those who fear for tomorrow, that your Spirit of comfort would draw near to them.

We pray for those with power over war or peace, for wisdom, discernment
and

compassion to guide their decisions.

Above all, we pray for all your precious children, at risk and in fear, that you would hold and protect them.

We pray in the name of Jesus,
the Prince of Peace. Amen

UKRAINE LENT APPEAL

PLEASE LEAVE YOUR LENTEN OFFERING IN THE COLLECTING BUCKET SITUATED AT THE BACK OF THE CHURCH. ALL MONEY DONATED WILL BE SENT TO THE DEC UKRAINE APPEAL

FOR OUR PRAYERS

We pray for those who have asked for prayer: Jason; Sharon; Janet and David; Joyce; Maureen; Alex & Amanda.

Praying too for all those who are managing long term issues including: Alan & Maureen; Shirley and Richard; Kathryn, Willow, & Edward; Martin & Margaret; Megan & Jeanette; Riley and his family; Sheila; Charlotte, Maegan & Carson; Rosemary; Cynthia & David; John and Jane; Rosie, and Pete; Shirley.

We continue to pray for Woodside House Care Home; Omnia; and Hebron House.

We remember those who have died in recent days including Tom, for those who loved them and for all who mourn the loss of a loved one or a friend.

THE COLLECT FOR PALM SUNDAY

Almighty and everlasting God, who in your tender love towards the human race sent your Son our Saviour Jesus Christ to take upon him our flesh and to suffer death upon the cross: grant that we may follow the example of his patience and humility, and also be made partakers of his resurrection; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

POST COMMUNION PRAYER

Lord Jesus Christ, you humbled yourself in taking the form of a servant, and in obedience died on the cross for our salvation: give us the mind to follow you and to proclaim you as Lord and King, to the glory of God the Father. **Amen.**

THE LITURGY OF THE PALMS

Luke 19:28-40

After he had said this, he went on ahead, going up to Jerusalem. When he had come near Bethphage and Bethany, at the place called the Mount of Olives, he sent two of the disciples, saying, "Go into the village ahead of you, and as you enter it you will find tied there a colt that has never been ridden. Untie it and bring it here. If anyone asks you, 'Why are you untying it?' just say this, 'The Lord needs it.'" So those who were sent departed and found it as he had told them. As they were untying the colt, its owners asked them, "Why are you untying the colt?" They said, "The Lord needs it." Then they brought it to Jesus; and after throwing their cloaks on the colt, they set Jesus on it. As he rode along, people kept spreading their cloaks on the road. As he was now approaching the path down from the Mount of Olives, the whole multitude of the disciples began to praise God joyfully with a loud voice for all the deeds of power that they had seen, saying, "Blessed is the king who comes in the name of the Lord! Peace in heaven, and glory in the highest heaven!" Some of the Pharisees in the crowd said to him, "Teacher, order your disciples to stop." He answered, "I tell you, if these were silent, the stones would shout out."

THE LITURGY OF THE PASSION

Isaiah 50:4-9a

The Lord GOD has given me the tongue of a teacher, that I may know how to sustain the weary with a word. Morning by morning he wakens-- wakens my ear to listen as those who are taught. The Lord GOD has opened my ear, and I was not rebellious, I did not turn backward. I gave my back to those who struck me, and my cheeks to those who pulled out the beard; I did not hide my face from insult and spitting. The Lord GOD helps me; therefore I have not been disgraced; therefore I have set my face like flint, and I know that I shall not be put to shame; he who vindicates me is near. Who will contend with me? Let us stand up together. Who are my adversaries? Let them confront me. It is the Lord GOD who helps me; who will declare me guilty?

Philippians 2:5-11

Let the same mind be in you that was in Christ Jesus, who, though he was in the form of God, did not regard equality with God as something to be exploited, but emptied himself, taking the form of a slave, being born in human likeness. And being found in human form, he humbled himself and became obedient to the point of death-- even death on a cross. Therefore God also highly exalted him and gave him the name that is above every name, so that at the name of Jesus every knee should bend, in heaven and on earth and under the earth, and every tongue should confess that Jesus Christ is Lord, to the glory of God the Father.

THE PASSION GOSPEL

NARRATOR: Then the assembly rose as a body and brought Jesus before Pilate. They began to accuse him, saying,

ASSEMBLY: "We found this man perverting our nation, forbidding us to pay taxes to the emperor, and saying that he himself is the Messiah, a king."

NARRATOR: Then Pilate asked him,

PILATE: "Are you the king of the Jews?"

NARRATOR: He answered,

JESUS: "You say so."

NARRATOR: Then Pilate said to the chief priests and the crowds,

PILATE: "I find no basis for an accusation against this man."

NARRATOR: But they were insistent and said,

ASSEMBLY: "He stirs up the people by teaching throughout all Judea, from Galilee where he began even to this place."

NARRATOR: When Pilate heard this, he asked whether the man was a Galilean. And when he learned that he was under Herod's jurisdiction, he sent him off to Herod, who was himself in Jerusalem at that time. When Herod saw Jesus, he was very glad, for he had been wanting to see him for a long time, because he had heard about him and was hoping to see him perform some sign. He questioned him at some length, but Jesus gave him no answer. The chief priests and the scribes stood by, vehemently accusing him. Even Herod with his soldiers treated him with contempt and mocked him; then he put an elegant robe on him, and sent him back to Pilate. That same day Herod and Pilate became friends with each other; before this they had been enemies.

Pilate then called together the chief priests, the leaders, and the people, and said to them,

PILATE: "You brought me this man as one who was perverting the people; and here I

have examined him in your presence and have not found this man guilty of any of your charges against him. Neither has Herod, for he sent him back to us. Indeed, he has done nothing to deserve death. I will therefore have him flogged and release him."

NARRATOR: Then they all shouted out together,

ASSEMBLY: "Away with this fellow! Release Barabbas for us!"

NARRATOR: (This was a man who had been put in prison for an insurrection that had taken place in the city, and for murder.) Pilate, wanting to release Jesus, addressed them again; but they kept shouting,

ASSEMBLY: "Crucify, crucify him!"

NARRATOR: A third time he said to them,

PILATE: "Why, what evil has he done? I have found in him no ground for the sentence of death; I will therefore have him flogged and then release him."

NARRATOR: But they kept urgently demanding with loud shouts that he should be crucified; and their voices prevailed. So Pilate gave his verdict that their demand should be granted. He released the man they asked for, the one who had been put in prison for insurrection and murder, and he handed Jesus over as they wished.

As they led him away, they seized a man, Simon of Cyrene, who was coming from the country, and they laid the cross on him, and made him carry it behind Jesus. A great number of the people followed him, and among them were women who were beating their breasts and wailing for him. But Jesus turned to them and said,

JESUS: "Daughters of Jerusalem, do not weep for me, but weep for yourselves and for your children. For the days are surely coming when they will say, 'Blessed are the barren, and the wombs that never bore, and the breasts that never nursed.' Then they will begin to say to the mountains, 'Fall on us'; and to the hills, 'Cover us.' For if they do this when the wood is green, what will happen when it is dry?"

NARRATOR: Two others also, who were criminals, were led away to be put to death with him. When they came to the place that is called The Skull, they crucified Jesus there with the criminals, one on his right and one on his left. Then Jesus said,

JESUS: "Father, forgive them; for they do not know what they are doing."

NARRATOR: And they cast lots to divide his clothing. And the people stood by, watching; but the leaders scoffed at him, saying,

ASSEMBLY: "He saved others; let him save himself if he is the Messiah of God, his chosen one!"

NARRATOR: The soldiers also mocked him, coming up and offering him sour wine, and

saying,

SOLDIERS: "If you are the King of the Jews, save yourself!"

NARRATOR: There was also an inscription over him, "This is the King of the Jews."

One of the criminals who were hanged there kept deriding him and saying,

CRIMINAL 1: "Are you not the Messiah? Save yourself and us!"

NARRATOR: But the other rebuked him, saying,

CRIMINAL 2: "Do you not fear God, since you are under the same sentence of condemnation? And we indeed have been condemned justly, for we are getting what we deserve for our deeds, but this man has done nothing wrong."

NARRATOR: Then he said,

CRIMINAL 2: "Jesus, remember me when you come into your kingdom."

NARRATOR: He replied,

JESUS: "Truly I tell you, today you will be with me in Paradise."

NARRATOR: It was now about noon, and darkness came over the whole land until three in the afternoon, while the sun's light failed; and the curtain of the temple was torn in two. Then Jesus, crying with a loud voice, said,

JESUS: "Father, into your hands I commend my spirit."

NARRATOR: Having said this, he breathed his last. When the centurion saw what had taken place, he praised God and said,

CENTURION: "Certainly this man was innocent."

NARRATOR: And when all the crowds who had gathered there for this spectacle saw what had taken place, they returned home, beating their breasts. But all his acquaintances, including the women who had followed him from Galilee, stood at a distance, watching these things.

Now there was a good and righteous man named Joseph, who, though a member of the council, had not agreed to their plan and action. He came from the Jewish town of Arimathea, and he was waiting expectantly for the kingdom of God. This man went to Pilate and asked for the body of Jesus. Then he took it down, wrapped it in a linen cloth, and laid it in a rock-hewn tomb where no one had ever been laid. It was the day of Preparation, and the sabbath was beginning. The women who had come with him from Galilee followed, and they saw the tomb and how his body was laid. Then they returned, and prepared spices and ointments.

On the sabbath they rested according to the commandment.

IMPORTANT DIARY DATES...

HOLY WEEK

Monday 11th April 11am – Diocesan Chrism Service at Norwich Cathedral – all are welcome!

Holy Wednesday - 13th April 7.30pm Our last Lenten study session in St Francis Church Lounge, 'The Women'. (The course has explored the various groups of people who were assembled at the cross.)

Maundy Thursday - 14th April 7.30pm - St Francis - The Maundy Thursday Eucharist

Good Friday 15th April 10 am - Heartsease Lane Methodist Church - Ecumenical Service with WRBC & St Francis. Hot X Buns and tea at 10am then service at 10.30am. Finish by 11am.

Good Friday 12pm – 3.15pm at St Francis - Were You There? Hourly readings, prayers and meditations for Good Friday.

Come for some or all.

24th April 11.45pm at St Francis – Annual General Meeting, all welcome. We have 3 vacancies on our PCC, if you are interested please attend.

ST FRANCIS CONTACT DETAILS:

**Please note Revd Janet is away for a few days,
please contact:**

Curate: The Revd Tracy Williams
07834 845623

Church Office: 01603 431259

Email: stfheartsease@outlook.com