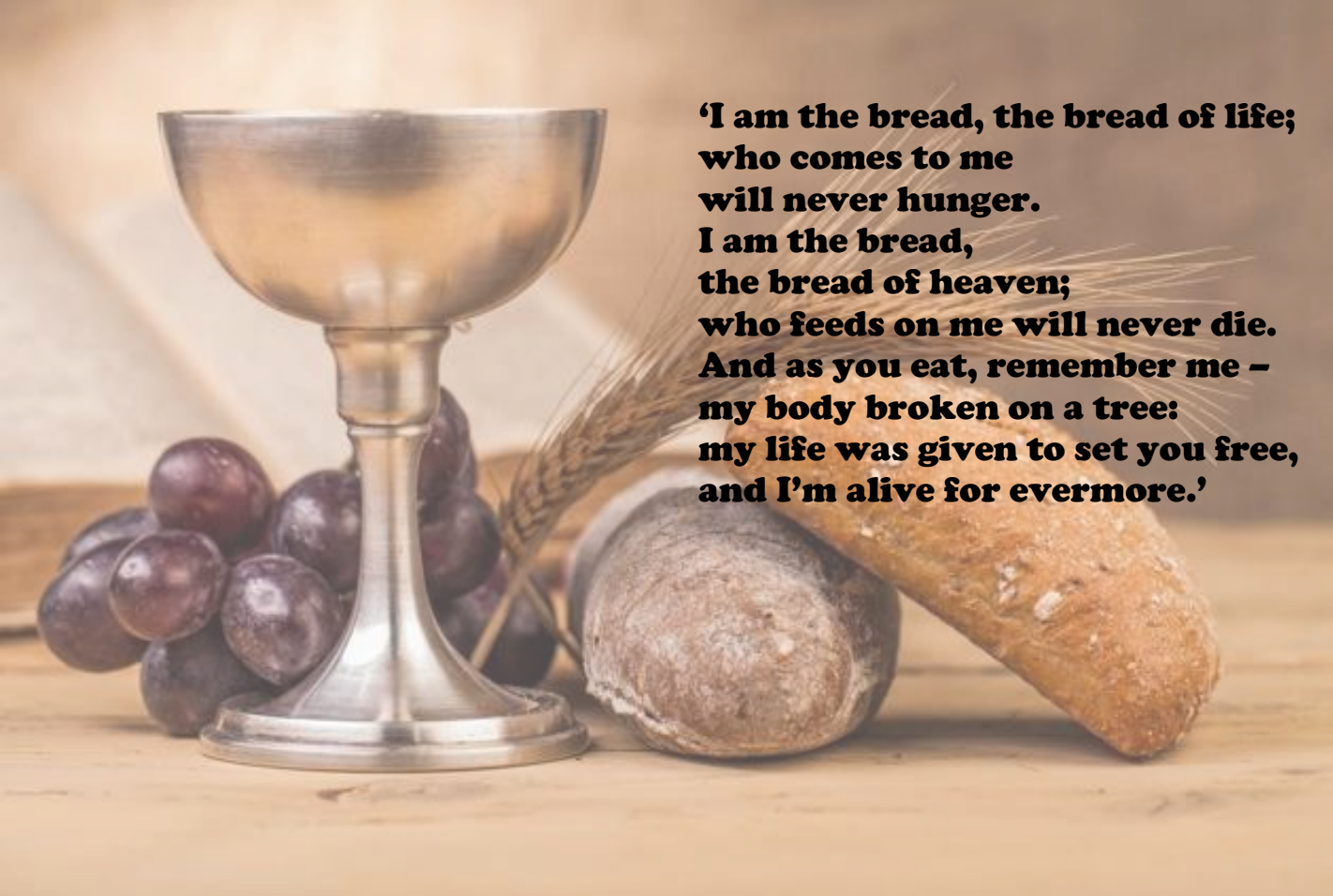


**The Church of St Francis
WEEKLY BULLETIN FOR
THE NINTH SUBDAY AFTER TRINITY
1st August 2021**



**'I am the bread, the bread of life;
who comes to me
will never hunger.
I am the bread,
the bread of heaven;
who feeds on me will never die.
And as you eat, remember me –
my body broken on a tree:
my life was given to set you free,
and I'm alive for evermore.'**

FOR OUR PRAYERS

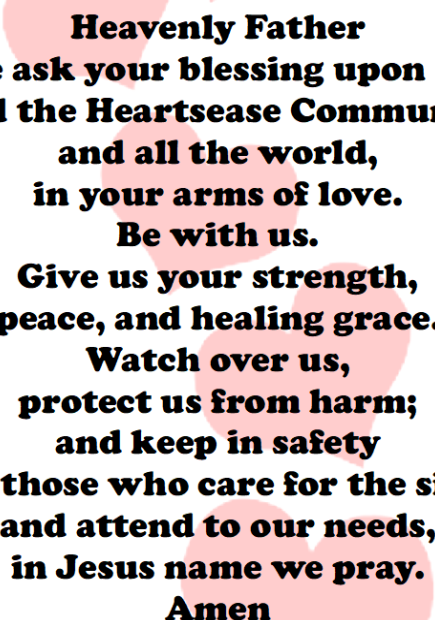
We pray for those who are in need of prayer at this time: Janet M; Maegan W; Carson W; Paula; Megan; Tom; Riley & his mum and family; Jeanette, David & Grace; Dawn & Jasmine

We continue to pray for Woodside House Care Home and all those in our Church, friends and family who are managing long term health issues including: Rosemary; David & Cynthia; Pete and Rosie; Doreen; Sheila; John and Jane; Shirley.

We pray for those who have died in recent days among them Tom, remembering too his family who mourn his loss especially Jenny ,Rachel and Huggy. WE pray for all who mourn, the loss of a loved one or a friend particularly Charli, Summer and Lillie.

At their years mind we remember Jack and Beatrice Branscombe and Mabel Melbourne.

**The Church of St Francis
Heartsease**



**Heavenly Father
We ask your blessing upon us.
Hold the Heartsease Community,
and all the world,
in your arms of love.
Be with us.
Give us your strength,
peace, and healing grace.
Watch over us,
protect us from harm;
and keep in safety
all those who care for the sick
and attend to our needs,
in Jesus name we pray.
Amen**

COLLECTS FOR THE NINTH SUNDAY AFTER TRINITY

COLLECT

Almighty God, who sent your Holy Spirit to be the life and light of your Church: open our hearts to the riches of your grace, that we may bring forth the fruit of the Spirit in love and joy and peace; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen
Gracious Father, revive your Church in our day, and make her holy, strong and faithful, for your glory's sake in Jesus Christ our Lord. Amen



POST COMMUNION PRAYER

Holy Father, who gathered us here around the table of your Son to share this meal with the whole household of God: in that new world where you reveal the fullness of your peace, gather people of every race and language to share in the eternal banquet of Jesus Christ our Lord. Amen

READINGS FOR THE NINTH SUNDAY AFTER TRINITY

EXODUS 16:2 - 4, 9 - 15

The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. The Israelites said to them, 'If only we had died by the hand of the Lord in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger.'

Then the Lord said to Moses, 'I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for

that day. In that way I will test them, whether they will follow my instruction or not.

Then Moses said to Aaron, 'Say to the whole congregation of the Israelites, "Draw near to the Lord, for he has heard your complaining.'" And as Aaron spoke to the whole congregation of the Israelites, they looked towards the wilderness, and the glory of the Lord appeared in the cloud. The Lord spoke to Moses and said, 'I have heard the complaining of the Israelites; say to them, "At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the Lord your God.'" In the evening quails came up and covered the camp; and in the morning there was a layer of dew around the camp. When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground. When the Israelites saw it, they said to one another, 'What is it?' For they did not know what it was. Moses said to them, 'It is the bread that the Lord has given you to eat.

PSALM 78:23 - 29

²³ So he commanded the clouds above ♦ and opened the doors of heaven.

²⁴ **He rained down upon them manna to eat ♦ and gave them the grain of heaven.**

²⁵ So mortals ate the bread of angels; ♦ he sent them food in plenty.

²⁶ **He caused the east wind to blow in the heavens ♦ and led out the south wind by his might.**

²⁷ He rained flesh upon them as thick as dust ♦ and winged fowl like the sand of the sea.

²⁸ **He let it fall in the midst of their camp ♦ and round about their tents.**

²⁹ So they ate and were well filled, ♦ for he gave them what they desired.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning is now, and shall be for ever. Amen

EPHESIANS 4:1 - 16

I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, making every effort to maintain the unity of the Spirit in the bond of peace.

There is one body and one Spirit, just as you were called to the one hope of your calling, one Lord, one faith, one baptism, one God and Father of all, who is above all and through all and in all.

But each of us was given grace according to the measure of Christ's gift. Therefore it is said,

'When he ascended on high he made captivity itself a captive; he gave gifts to his people.'

(When it says, 'He ascended', what does it mean but that he had also descended into the lower parts of the earth? He who descended is the same one who ascended far above all the heavens, so that he might fill all things.)

The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ.

We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, from whom the whole body, joined and knitted together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.



JOHN 6:24 - 35

So when the crowd saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus.

When they found him on the other side of the lake, they said to him, 'Rabbi, when did you come here?'

Jesus answered them, 'Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal.'

Then they said to him, 'What must we do to perform the works of God?'

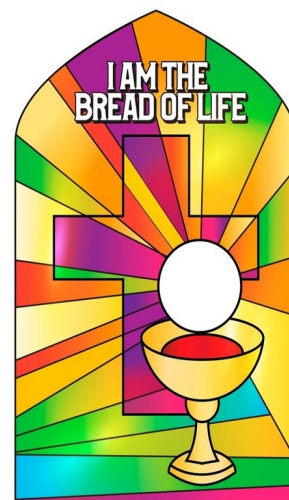
Jesus answered them, 'This is the work of God, that you believe in him whom he has sent.'

So they said to him, 'What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the wilderness; as it is written, "He gave them bread from heaven to eat."'

Then Jesus said to them, 'Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world.'

They said to him, 'Sir, give us this bread always.'

Jesus said to them, 'I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.'



'LET IT GROW'

WEDNESDAYS @ 9am – 11.30am

Weeding, Sowing, Planting, &
10.15 am Tea And Cake Break

**LOTS OF FRESH VEG TO BE PICKED
COME AND GET IT!**



EVERY FRIDAY IN AUGUST

openacademy

proudly presents



GCSE/A Level photography

End of year show 2021

The students work will be exhibited throughout August. Please
come and see the amazing work by our fantastic photography
students at NextDoor@St Francis

OPENING FRIDAY 6TH AUGUST 10am

**All Welcome to come and see the
Exhibition and the New Café**

FORTHCOMING SERVICES & EVENTS

Mon: Morning Prayer – 9am

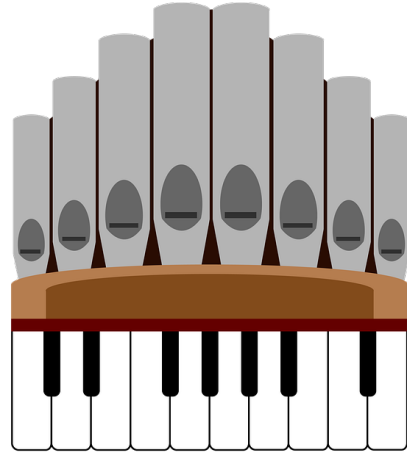
**Tues: Morning Prayer – 9am
Evening Prayer – 5pm**

**Weds: Morning Prayer – 9am
BCP Holy Communion – 11.30am
Evening Prayer - 5pm**

**Thurs: Morning Prayer – 9am
Evening Prayer – 5pm**

**Sun: Celebrating Together – 10.30am
[Holy Communion]**

TWO DATES FOR THE DIARY!



**SUMMER LUNCHTIME
ORGAN RECITALS @ST FRANCIS**

THURSDAY 19th AUGUST

1.00pm

Rebekah Okpoti

THURSDAY 23rd SEPTEMBER

1.00pm

Dr Andrew Hayden

**A wonderful opportunity to hear our
amazing little organ and a beautiful
range of carefully chosen pieces.**

Free Admission – Refreshments



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