

The Church of St Francis
THE SECOND SUNDAY BEFORE LENT
20th February 2022



LUKE 8: 22 – 25

One day he got into a boat with his disciples, and he said to them, 'Let us go across to the other side of the lake.'

So they put out, and while they were sailing he fell asleep. A gale swept down on the lake, and the boat was filling with water, and they were in danger.

They went to him and woke him up, shouting, 'Master, Master, we are perishing!' And he woke up and rebuked the wind and the raging waves; they ceased, and there was a calm. He said to them, 'Where is your faith?'

They were afraid and amazed, and said to one another, 'Who then is this, that he commands even the winds and the water, and they obey him?'

FOR OUR PRAYERS

We pray for those who are in need of prayer at this time: Alan; Rachel; Maureen; Audrey; Megan; Alex & Amanda.

We pray too for all those who are managing long term issues including: Shirley and Richard; Kathryn, Willow, & Edward; Martin & Margaret; Riley and his family; Sheila; Linda R; Gayle; Charlotte, Maegan & Carson; Tom; Rosemary; Cynthia & David; John and Jane; Rosie, and Pete; Shirley.

We continue to pray for Woodside House Care Home; Omnia; and Hebron House.

We remember those who have died in recent days, among them: Anne Gifford; Frances; praying too for all who mourn the loss of a loved one or a friend.

**The Church of St Francis
Heartsease**

Heavenly Father

**We ask your blessing upon us.
Hold the Heartsease Community,
and all the world,
in your arms of love.**

Be with us.

**Give us your strength,
peace, and healing grace.**

**Watch over us,
protect us from harm;
and keep in safety**

**all those who care for the sick
and attend to our needs,
in Jesus name we pray.**

Amen

COLLECTS FOR THE SECOND SUNDAY BEFORE LENT

Almighty God,
you have created the heavens and the earth
and made us in your own image:
teach us to discern your hand in all your
works and your likeness in all your children;
through Jesus Christ your Son our Lord,
who with you and the Holy Spirit
reigns supreme over all things,
now and for ever. Amen

Almighty God,
give us reverence for all creation
and respect for every person,
that we may mirror your likeness
in Jesus Christ our Lord. Amen



POST COMMUNION PRAYER FOR THE SECOND SUNDAY BEFORE LENT

God our creator,
by your gift the tree of life
was set at the heart of the earthly paradise,
and the bread of life at the heart of your
Church:
may we who have been nourished
at your table on earth
be transformed by the glory of the Saviour's
cross
and enjoy the delights of eternity;
through Jesus Christ our Lord. Amen

READINGS FOR THE SECOND SUNDAY BEFORE LENT

**THE WORD
OF GOD**

**You may notice that we do not always use
all the readings in our Sunday service –
we include them in the bulletin for you to
reflect upon them throughout the
forthcoming week.**

GENESIS 2:4b - 9, 15 - END

In the day that the LORD God made the earth
and the heavens, when no plant of the field
was yet in the earth and no herb of the field
had yet sprung up—for the LORD God had
not caused it to rain upon the earth, and there
was no one to till the ground; but a stream
would rise from the earth, and water the
whole face of the ground— then the LORD
God formed man from the dust of the ground,
and breathed into his nostrils the breath of
life; and the man became a living being. And
the LORD God planted a garden in Eden, in
the east; and there he put the man whom he
had formed. Out of the ground the LORD God
made to grow every tree that is pleasant to
the sight and good for food, the tree of life
also in the midst of the garden, and the tree
of the knowledge of good and evil.

The LORD God took the man and put him in
the garden of Eden to till it and keep it. And
the LORD God commanded the man, 'You
may freely eat of every tree of the garden; but
of the tree of the knowledge of good and evil
you shall not eat, for in the day that you eat of
it you shall die.'

Then the LORD God said, 'It is not good that
the man should be alone; I will make him a
helper as his partner.' So out of the ground
the LORD God formed every animal of the
field and every bird of the air, and brought
them to the man to see what he would call
them; and whatever the man called each
living creature, that was its name. The man
gave names to all cattle, and to the birds of
the air, and to every animal of the field; but
for the man there was not found a helper as
his partner. So the LORD God caused a deep
sleep to fall upon the man, and he slept; then
he took one of his ribs and closed up its place
with flesh. And the rib that the LORD God
had taken from the man he made into a
woman and brought her to the man. Then the
man said,
'This at last is bone of my bones and flesh of
my flesh;
this one shall be called Woman, for out of
Man this one was taken.'

Therefore a man leaves his father and his
mother and clings to his wife, and they
become one flesh. And the man and his wife
were both naked, and were not ashamed.

PSALM 65

1 Praise is due to you, O God, in Zion; ♦
to you that answer prayer shall vows be paid.

2 **To you shall all flesh come to confess
their sins; ♦
when our misdeeds prevail against us,
you will purge them away.**

3 Happy are they whom you choose and
draw to your courts to dwell there. ♦ We shall
be satisfied with the blessings of your house,
even of your holy temple.

4 **With wonders you will answer us in your
righteousness,
O God of our salvation, ♦
O hope of all the ends of the earth and of
the farthest seas.**

5 In your strength you set fast the mountains
♦
and are girded about with might.

6 **You still the raging of the seas, ♦
the roaring of their waves and the clamour
of the peoples.**

7 Those who dwell at the ends of the earth
tremble at your marvels; ♦ the gates of the
morning and evening sing your praise.

8 **You visit the earth and water it; ♦ you
make it very plenteous.**

9 The river of God is full of water; ♦ you
prepare grain for your people, for so you
provide for the earth.

10 **You drench the furrows and smooth out
the ridges; ♦
you soften the ground with showers and
bless its increase.**

11 You crown the year with your goodness, ♦
and your paths overflow with plenty.

12 **May the pastures of the wilderness flow
with goodness ♦
and the hills be girded with joy.**

13 May the meadows be clothed with flocks of
sheep ♦ and the valleys stand so thick with
corn that they shall laugh and sing.

**Glory to the Father, and to the Son,
and to the Holy Spirit;
as it was in the beginning is now,
and shall be for ever. Amen**

REVELATION 4

After this I looked, and there in heaven a door
stood open! And the first voice, which I had
heard speaking to me like a trumpet, said,
'Come up here, and I will show you what
must take place after this.' At once I was in
the spirit, and there in heaven stood a throne,
with one seated on the throne! And the one
seated there looks like jasper and cornelian,
and around the throne is a rainbow that looks
like an emerald. Around the throne are
twenty-four thrones, and seated on the
thrones are twenty-four elders, dressed in
power came out from him and healed all of
them.

Then he looked up at his disciples and said:

'Blessed are you who are poor,
for yours is the kingdom of God.

'Blessed are you who are hungry now,
for you will be filled.

'Blessed are you who weep now,
for you will laugh.

'Blessed are you when people hate you, and
when they exclude you, revile you, and
defame you on account of the Son of Man.
Rejoice on that day and leap for joy, for
surely your reward is great in heaven; for that
is what their ancestors did to the prophets.

'But woe to you who are rich,
for you have received your consolation.

'Woe to you who are full now,
for you will be hungry.

'Woe to you who are laughing now,
for you will mourn and weep.

'Woe to you when all speak well of you, for
that is what their ancestors did to the false
prophets.

white robes, with golden crowns on their
heads. Coming from the throne are flashes of
lightning, and rumblings and peals of thunder,
and in front of the throne burn seven flaming
torches, which are the seven spirits of God;
and in front of the throne there is something
like a sea of glass, like crystal.

Around the throne, and on each side of the
throne, are four living creatures, full of eyes in
front and behind: the first living creature like a
lion, the second living creature like an ox, the
third living creature with a face like a human
face, and the fourth living creature like a
flying eagle. And the four living creatures,
each of them with six wings, are full of eyes

all around and inside. Day and night without ceasing they sing,
 'Holy, holy, holy, the Lord God the Almighty,
 who was and is and is to come.'
 And whenever the living creatures give glory and honour and thanks to the one who is seated on the throne, who lives for ever and ever, the twenty-four elders fall before the one who is seated on the throne and worship the one who lives for ever and ever; they cast their crowns before the throne, singing,
 'You are worthy, our Lord and God,
 to receive glory and honour and power,
 for you created all things,
 and by your will they existed and were created.'

**SERVICES NEXT WEEK
 ALL WELCOME**

**Tues: Morning Prayer – 9am
 Evening Prayer – 5pm**

**Weds: Morning Prayer – 9am
 BCP Holy Communion – 11.30am
 Evening Prayer - 5pm**

**Thurs: Morning Prayer – 9am
 Evening Prayer – 5pm**

**Sun: Holy Communion for
 The Sunday Next Before Lent
 10.30am**

HOME COMMUNION



If you or someone you know lives in the parish of St Francis and would like to receive the Sacrament at home because of illness or mobility difficulties, please contact Revd Janet. Tel: 07368 832294

THINKING ABOUT CONFIRMATION?

We will be beginning another round of preparation for confirmation sessions with a view to candidates being presented to the Bishop for confirmation at Easter.



If you are interested and would like to know more, please contact Revd Janet who will be delighted to hear from you.

**LOOKING FORWARD TO
 LENT...**

**ASH WEDNESDAY
 SERVICES**



[WEDNESDAY 1ST MARCH]

**11.30am - Service of Holy Communion
 with Imposition of Ashes**

**7.30pm - Service of Holy Communion
 with Imposition of Ashes**

LENT COURSE

A series of Lenten study sessions will begin on Wednesday 8th March, 7.30 in St Francis Lounge.

The course is entitled 'Were you There' and it explores the various groups of People who assembled at the foot of the cross.

If you would like to know more or to enquire about transport please speak with the Vicar.



ST FRANCIS NEWS...

Hello...

Today we welcome David Howard, a second year ordinand on the Eastern Region Ministry Course. David will be on placement with us for the next month or so as he experiences ministry in an Estate Church. Please do make yourself known to him after the service – he will be very pleased to meet you and maybe learn a little bit more about St Francis through hearing your memories and thoughts about being a part of the St Francis family.

Goodbye...

On Saturday 5th March the Diocese will be bidding farewell to Archdeacon Karen Hutchinson as she leaves to take up her new role in the Diocese of Salisbury. The service will take place in the Cathedral at 3.30. All are welcome to attend. If you would like to contribute to her leaving gift, please speak with Revd Janet.

WHAT'S ON AT ST FRANCIS NEXT WEEK...

**LET IT GROW
EVERY WEDNESDAY
@ 9am – 11.30am**



**Weeding, Sowing, Planting,
&
10.15 am Tea And Cake Break
LOTS OF FRESH VEG TO BE PICKED
COME AND GET IT!**

WEDNESDAY AFTERNOON @NextDoor



cma
Heartsease

Community Money Advice

**Open Afternoon Wednesday 23 February
2pm—3.30pm**

We are delighted to welcome

Councillor Adam Giles

Who will be available to answer any questions or help with any concerns you may have.

Money advisors also available.

Free tea/coffee/soft drinks
and biscuits

Nextdoor @ St Francis
94 Rider Haggard Road

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Company of Actuaries Charitable Trust Fund
Paul Bassham Charitable Trust



**THURSDAY MORNING
IS COFFEE MORNING
In the Church Lounge
10am – 12pm
EVERY WEEK**



ALL WELCOME

**Why not pop in and catch up with
some old friends – and maybe
even make some new**

'ANCIENT & MODERN' @



**Quality Vintage & Modern
Collectables and Furnishings**

OPEN

**EVERY
FRIDAY & SATURDAY
MORNING
10am - 12pm**

**Find us in 'Next Door @ St Francis'
94 Rider Haggard Road. NR7 9UQ**

**DONATIONS OF QUALITY ITEMS
ALWAYS GRATEFULLY RECEIVED.
ALL PROCEEDS GO TO
CHURCH FUNDS**

St Francis Church Heartsease

96 - 98 Rider Haggard Road

ST FRANCIS FREE FOOD

**A discreet and confidential
source of assistance supported by and offered to
the Heartsease Community**

**IF YOU OR SOMEONE YOU KNOW
IS IN NEED OF FOOD OR ESSENTIALS**

WE ARE ABLE TO HELP

24HR ANSWERPHONE:

01603 431259

Call or Text: 07368 832294

[Mon - Thur 10am - 5pm]

Or call in most mornings

10am - 12pm



NextDoor@St Francis GOOD NEWS CAFÉ



NOW OPEN!

**Coffee Express Latte, Cappuccino, flat white,
Espresso, Hot Chocolate etc.**

All £1.50 per cup

**10am - 12pm
EVERY
FRIDAY
&
SATURDAY
MORNING**

ST FRANCIS CONTACT DETAILS:

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