

What joy as the Risen Jesus greets his friends from the shore of Lake Galilee and invites them to share in the meal he has prepared for them.

And how good to listen in as Jesus shows his deep love for Simon Peter when he invites him once more to follow him.

#### A PRAYER FOR UKRAINE

God of Peace and Justice,
we pray for the people of Ukraine.
We pray for peace and the laying down of weapons.
We pray for all those who fear for tomorrow,
that your Spirit of comfort would draw near to them.
We pray for those with power over war or peace, for wisdom,
discernment and compassion to guide their decisions.
Above all, we pray for all your precious children, at risk and in fear,
that you would hold and protect them.
We pray in the name of Jesus,
the Prince of Peace. Amen

FOR OUR PRAYERS

We pray for those who have asked for prayer: Jason; Sharon; Joyce; Maureen; Alex & Amanda.

Praying too for all those who are managing long term issues including: Alan & Maureen; Shirley and Richard; Kathryn, Willow, & Edward; Megan & Jeanette; Riley and his family; Sheila W; Charlotte, Maegan & Carson; Rosemary; Cynthia & David; John and Jane; Rosie, and Pete; Shirley.

We continue to pray for Woodside House Care Home; Omnia; and Hebron House.

We remember those who have died in recent days, among them: Linda; Jill; Frank; Raymond; praying for those who loved them and for all who mourn the loss of a loved one or a friend.

The Church of St Francis Heartsease



Heavenly Father
We ask your blessing upon us.
Hold the Heartsease Community,
and all the world,
in your arms of love.
Be with us.
Give us your strength,
peace, and healing grace.
Watch over us,
protect us from harm;
and keep in safety
all those who care for the sick
and attend to our needs,
in Jesus name we pray.
Amen

## COLLECTS FOR THE THIRD SUNDAY OF EASTER

Almighty Father, who in your great mercy gladdened the disciples with the sight of the risen Lord: give us such knowledge of his presence with us, that we may be strengthened and sustained by his risen life and serve you continually in righteousness and truth; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen Risen Christ. you filled your disciples with boldness and fresh hope: strengthen us to proclaim your risen life and fill us with your peace. to the glory of God the Father. Amen



## POST COMMUNION PRAYER FOR THE THIRD SUNDAY OF EASTER

Living God,

your Son made himself known to his disciples in the breaking of bread: open the eyes of our faith, that we may see him in all his redeeming work; who is alive and reigns, now and for ever. Amen

## READINGS FOR THE THIRD SUNDAY OF EASTER



You may notice that we do not always use all the readings in our Sunday service – we include them in the bulletin for you to reflect upon them throughout the forthcoming week.

#### ZEPHANIAH 3:14 - end

Sing aloud, O daughter Zion; shout, O Israel!

Rejoice and exult with all your heart, O daughter Jerusalem!

The Lord has taken away the judgements against you, he has turned away your enemies. The king of Israel, the Lord, is in your midst; you shall fear disaster no more.

On that day it shall be said to Jerusalem: Do not fear, O Zion; do not let your hands grow weak.

The Lord, your God, is in your midst, a warrior who gives victory; he will rejoice over you with gladness, he will renew you in his love;

he will exult over you with loud singing as on a day of festival.

I will remove disaster from you, so that you will not bear reproach for it. I will deal with all your oppressors at that time.

And I will save the lame and gather the outcast, and I will change their shame into praise and renown in all the earth.

At that time I will bring you home, at the time when I gather you;

for I will make you renowned and praised among all the peoples of the earth, when I restore your fortunes before your eyes, says the Lord.

#### PSALM 30

- 1 I will exalt you, O Lord, because you have raised me up ◆ and have not let my foes triumph over me.
- <sup>2</sup> O Lord my God, I cried out to you ◆ and you have healed me.
- <sup>3</sup> You brought me up, O Lord, from the dead; ♦ you restored me to life from among those that go down to the Pit.
- <sup>4</sup> Sing to the Lord, you servants of his; ♦ give thanks to his holy name.
- For his wrath endures but the twinkling of an eye, his favour for a lifetime. ◆
   Heaviness may endure for a night, but joy comes in the morning.

- In my prosperity I said,
   'I shall never be moved. ◆
   You, Lord, of your goodness,
   have made my hill so strong.'
- <sup>7</sup> Then you hid your face from me ◆ and I was utterly dismayed.
- <sup>8</sup> To you, O Lord, I cried; ♦ to the Lord I made my supplication:
- What profit is there in my blood, if I go down to the Pit? ◆ Will the dust praise you or declare your faithfulness?
- 10 'Hear, O Lord, and have mercy upon me; ◆ O Lord, be my helper.'
- <sup>11</sup> You have turned my mourning into dancing; ♦ you have put off my sackcloth and girded me with gladness;
- 12 Therefore my heart sings to you without ceasing; ♦ O Lord my God, I will give you thanks for ever.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning is now, and shall be for ever. Amen

#### **ACTS 9:1-20**

Meanwhile Saul, still breathing threats and murder against the disciples of the Lord, went to the high priest and asked him for letters to the synagogues at Damascus, so that if he found any who belonged to the Way, men or women, he might bring them bound to Jerusalem.

Now as he was going along and approaching Damascus, suddenly a light from heaven flashed around him. He fell to the ground and heard a voice saying to him, 'Saul, Saul, why do you persecute me?'

He asked, 'Who are you, Lord?'

The reply came, 'I am Jesus, whom you are persecuting. But get up and enter the city, and you will be told what you are to do.'

The men who were travelling with him stood speechless because they heard the voice but saw no one. Saul got up from the ground, and though his eyes were open, he could see nothing; so they led him by the hand and brought him into Damascus.

For three days he was without sight, and neither ate nor drank.

Now there was a disciple in Damascus named Ananias. The Lord said to him in a vision, 'Ananias.'

He answered, 'Here I am, Lord.'

The Lord said to him, 'Get up and go to the street called Straight, and at the house of Judas look for a man of Tarsus named Saul. At this moment he is praying, and he has seen in a vision a man named Ananias come in and lay his hands on him so that he might regain his sight.'

But Ananias answered, 'Lord, I have heard from many about this man, how much evil he has done to your saints in Jerusalem; and here he has authority from the chief priests to bind all who invoke your name.'

But the Lord said to him, 'Go, for he is an instrument whom I have chosen to bring my name before Gentiles and kings and before the people of Israel; I myself will show him how much he must suffer for the sake of my name.'

So Ananias went and entered the house.

He laid his hands on Saul and said, 'Brother Saul, the Lord Jesus, who appeared to you on your way here, has sent me so that you may regain your sight and be filled with the Holy Spirit.'

And immediately something like scales fell from his eyes, and his sight was restored. Then he got up and was baptized, and after taking some food, he regained his strength. For several days he was with the disciples in Damascus, and immediately he began to proclaim Jesus in the synagogues, saying, 'He is the Son of God.'



#### **REVELATION 5: 11 – end**

Then I looked, and I heard the voice of many angels surrounding the throne and the living creatures and the elders; they numbered myriads of myriads and thousands of thousands, singing with full voice,

'Worthy is the Lamb that was slaughtered to receive power and wealth and wisdom and might and honour and glory and blessing!'

Then I heard every creature in heaven and on earth and under the earth and in the sea, and all that is in them, singing,

'To the one seated on the throne and to the Lamb be blessing and honour and glory and might for ever and ever!'

And the four living creatures said, 'Amen!' And the elders fell down and worshipped.

#### JOHN 21:1 - 19

After these things Jesus showed himself again to the disciples by the Sea of Tiberias; and he showed himself in this way.

Gathered there together were Simon Peter, Thomas called the Twin, Nathanael of Cana in Galilee, the sons of Zebedee, and two others of his disciples. Simon Peter said to them, 'I am going fishing.'

They said to him, 'We will go with you.'

They went out and got into the boat, but that night they caught nothing. Just after daybreak, Jesus stood on the beach; but the disciples did not know that it was Jesus.

Jesus said to them, 'Children, you have no fish, have you?'

They answered him, 'No.'

He said to them, 'Cast the net to the right side of the boat, and you will find some.'

So they cast it, and now they were not able to haul it in because there were so many fish. That disciple whom Jesus loved said to Peter, 'It is the Lord!'

When Simon Peter heard that it was the Lord, he put on some clothes, for he was naked, and jumped into the lake.

But the other disciples came in the boat, dragging the net full of fish, for they were not far from the land, only about a hundred yards off.

When they had gone ashore, they saw a charcoal fire there, with fish on it, and bread. Jesus said to them, 'Bring some of the fish that you have just caught.'

So Simon Peter went aboard and hauled the net ashore, full of large fish, a hundred and fifty-three of them; and though there were so many, the net was not torn.

Jesus said to them, 'Come and have breakfast.'

Now none of the disciples dared to ask him, 'Who are you?' because they knew it was the Lord.

Jesus came and took the bread and gave it to them, and did the same with the fish.

This was now the third time that Jesus appeared to the disciples after he was raised from the dead.

When they had finished breakfast, Jesus said to Simon Peter, 'Simon son of John, do you love me more than these?'

He said to him, 'Yes, Lord; you know that I love you.'

Jesus said to him, 'Feed my lambs.'

A second time he said to him, 'Simon son of John, do you love me?'

He said to him, 'Yes, Lord; you know that I love you.'

Jesus said to him, 'Tend my sheep.'

He said to him the third time, 'Simon son of John, do you love me?'

Peter felt hurt because he said to him the third time, 'Do you love me?'

And he said to him, 'Lord, you know everything; you know that I love you.'

Jesus said to him, 'Feed my sheep. Very truly, I tell you, when you were younger, you used to fasten your own belt and to go wherever you wished.

But when you grow old, you will stretch out your hands, and someone else will fasten a belt around you and take you where you do not wish to go.' (He said this to indicate the kind of death by which he would glorify God.)

After this he said to him, 'Follow me.'



## SERVICES NEXT WEEK ALL WELCOME

Weds: Morning Prayer – 9am Holy Communion [BCP] – 11.30am Evening prayer – 5pm

Thurs: Morning Prayer - 9am Evening Prayer - 5pm

Sun: Holy Communion with Holy Baptism Come and celebrate with Zoe on her special day!

#### **HOME COMMUNION**



If you or someone you know lives in the parish of St Francis and would like to receive the Sacrament at home because of illness or mobility difficulties, please contact Revd Janet. Tel: 07368 832294

#### ST FRANCIS NEWS

#### **APCM 2022**

After the service on Sunday 24<sup>th</sup> April we held St Francis Annual Parishioners Meeting and the Annual Parochial Church Meeting. The meeting was well attended and I am delighted to report that Diana Cooper and John Cubitt agreed to stand and were reelected as Churchwardens at the Annual Parishioners Meeting.

At the APCM Brenda Minns was elected onto the PCC and Sue Green was re- elected, both now are eligible to serve for three years.

It was also decided at the meeting that as from 2023 any Lay Minister licensed to St Francis, Heartsease will automatically become an ex-officio [unelected] member of the PCC. This will mean that all elected places on the PCC will now be available to the wider congregation.

#### ST FRANCIS LENTEN APPEAL

We extend our deepest thanks to all who contributed to the Lenten Bucket Collection in aid of the Ukraine Emergency Appeal. £242.30 has been sent to the Disasters Emergency Committee via Christian Aid.

#### TOWER & ROOF REPAIRS

It is hoped that the long awaited work to the tower, front elevation roof and cracking to the nave wall will begin on Monday 9<sup>th</sup> May.

This is a provisional date and subject to agreement by Shared Access the company who oversee the radio antennae equipment housed in the tower – these must be switched off before work can begin.

We are unsure as to the impact the works will have on the day to day use of the building or how long the work will take. Should there be any unavoidable disruption to 'business as usual' we will give as much notice as possible.

Your patience whilst these necessary works take place will be much appreciated.

#### WHAT'S ON AT ST FRANCIS NEXT WEEK...

**LET IT GROW**EVERY WEDNESDAY
@ 9am - 11.30am



Weeding, Sowing, Planting, & 10.15 am Tea And Cake Break LOTS OF FRESH VEG TO BE PICKED COME AND GET IT!

THURSDAY MORNING
IS COFFEE MORNING
In the Church Lounge
10am - 12pm
EVERY WEEK



**ALL WELCOME** 

Why not pop in and catch up with some old friends – and maybe even make some new ones!

## NextDoor@St Francis



### **NOW OPEN!**

Coffee Express Latte, Cappuccino, flat white, Expresso, Hot Chocolate etc. All £1.50 per cup

> 10am - 12pm **EVERY FRIDAY E**3 **SATURDAY MORNING**

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**EVERY** FRIDAY & SATURDAY **MORNING** 

**10**am - **12**pm

Find us in 'Next Door @ St Francis' 94 Rider Haggard Road. NR7 9UQ

#### FORTHCOMING SERVICES & EVENTS

The Church of St Francis Heartsease

# WILD CHURCH

#### IN THE CHURCH FIELD

A New way to worship! Outdoor based - Suitable all ages -Family Groups very welcome

## SUNDAY 8TH MAY

2,30PM - 4,00PM dress with the weather in mind!

Monthly, every second Sunday in the month Next Wild Church - 12<sup>th</sup> June

CAN WE BE OF HELP?

#### ST FRANCIS CHURCH **HEARTSEASE** 96 - 98 RIDER HAGGARD ROAD



### IF YOU

OR SOMEONE YOU KNOW IS IN NEED OF A HELPING HAND WITH FOOD ETC.

**WE WILL DO OUR BEST** TO HELP **CALL OUR 24HR ANSWERPHONE** 01603 431259 [or call/text 07368 832294 Mon - Thur 10am - 5pm]





Community Money Advice

Find out how we can help you with:

Debt Budgeting Benefits

Phone calls & online access

All services are free

Book an appointment 07765 739987
Or heartseasecmacentre@outlook.com

Nextdoor @ St Francis 94 Rider Haggard Road

Volunteers also welcomed

Supported by:

Company of Actuaries Charitable Trust Fund









#### ST FRANCIS CONTACT DETAILS:

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